# Virginia No Wrong Door Cognitive Impairment Identification Tool

#### **INTRODUCTION**

Say: "Our agency receives a lot of questions about forgetfulness or memory loss, which can be a common part of aging, so we are now asking everyone these questions."

Q1. Do you have any concerns about your own memory such as a worsening over the last 12 months? Or concerns about the person you are calling about? **NO** Continue with

YES

**Q2.** Have you spoken about these concerns with a health care provider?

#### NO

Say: "Memory issues can be caused by many conditions, and some of these can be treated, so we encourage everyone to speak to a doctor about their memory concerns.

Would you like the name of a doctor or clinic?"

#### YES

"That's great. Let me give you the Alzheimer's ssociation's 24/7 helpline number. **1 800 272 3900** An options counselor/care consultant can also help you think about planning for changes that might happen in the future."

**YES** 

Provide appropriate referrals

YES

"No problem. Please give me a call back if you change your mind, or you can always talk to your

NO

primary care doctor."

Q3. Do you live alone? *OR* Does the person with memory concerns

live alone?

Refer to Options Counseling, continue intake

Refer to Options Counseling, check for possible APS referral

Offer thanks or gratitude to the person answering the question for their honesty and openness

NO

# **Resources and Referrals for People Living with Dementia**

- Identify individual's needs using your agency's assessment tool
- Offer Options Counseling

#### Assess for needs: Nutrition Transportation Housing

Long-term Care

Insurance Counseling

Weatherization

REFER TO PRIMARY CARE PHYSICIAN OR SPECIALIST FOR DIAGNOSTIC ASSESSMENT OR EVALUATION

### **Counseling and Support**

- **Options Counseling**
- Care Consultation
- Case Management
- Alzheimer's Association 24/7 Helpline 1 800 272-3900

#### Social Engagement Programs

- Adult Day Programs
- Early Stage Programs (Alzheimer's Association)
- Memory Cafés
- Exercise Programs

#### Home and Personal Safety

- Medic-Alert/Safe Return
- Project Lifesaver
- Personal Emergency Response Systems
- Driving evaluation
- Home safety evaluation (physical/occupational therapist)
- Assistive technology
- Medication management
- Activities of daily living support

# Dementia Capable Virginia [Placeholder]

## **Caregiver Education and Support**

- Caregiver Support Groups
- Support Groups (Chats over Coffee)
- Virginia Lifespan Respite Voucher Program
- Dealing with Dementia Caregiver Workshops
- Caregiver self-care education (www.alz.org/care)
- Your agency's caregiver programs

## Legal and Financial Planning

- Elder Law Attorney
- Durable Power of Attorney
- Advance Directive/POST/DNR
- Dementia Advance Directive (preferences by stage of disease)
- Representative Payee program (Social Security)